



# SEASON FOR OUR VEGETABLES

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
CUCUMBER	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	●	PUMPKIN, HALLOWEEN	●	●	●	●	●	●	●	●	🌱	🌱	●	●
BABY LEAVES	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱	●	●	PUMPKIN, HOKKAIDO	🌱	🌱	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱
BIMI	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	●	●	PUMPKIN, STRIPETTI	●	●	●	●	●	●	●	●	🌱	🌱	🌱	🌱
CELERY LEAVES	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱	GREEN BEANS	●	●	●	●	●	●	●	🌱	🌱	🌱	●	●
CAULIFLOWER	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	●	●	CARROTS	🌱	🌱	🌱	🌱	🌱	●	●	🌱	🌱	🌱	🌱	🌱
BROCCOLI	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	●	●	WHITE CABBAGE	●	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱
MUSHROOMS	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	JERUSALEM ARTICHOKE	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱
CORN	●	●	●	●	●	●	🌱	🌱	🌱	🌱	●	●	POTATOES	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱
FENNEL	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	●	●	CHINESE CABBAGE	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	●	●
KOHLRABI	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱	CELERIAC	🌱	🌱	🌱	🌱	🌱	●	●	●	🌱	🌱	🌱	🌱
PUMPKIN, BUTTERNUT	🌱	●	●	●	●	●	●	●	●	●	🌱	🌱	ONION	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱
PUMPKIN, CROWN PRINCE	🌱	●	●	●	●	●	●	●	●	●	🌱	🌱	PEAS	●	●	●	●	●	●	🌱	🌱	🌱	●	●	●



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PAK CHOI	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	●	●
PARSNIPS	🌱	🌱	🌱	🌱	●	●	●	🌱	🌱	🌱	🌱	🌱
SAVOY CABBAGE	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱
PARSLEY	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱
PARSLEY ROOT	🌱	🌱	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱
LEEKS	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱
RHUBARB	●	●	●	●	🌱	🌱	🌱	🌱	●	●	●	●
RADICCHIO	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	●	●
RADISHES	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱	●	●
BEETROOTS	🌱	🌱	🌱	🌱	●	●	●	🌱	🌱	🌱	🌱	🌱
RED CABBAGE	●	●	●	●	●	●	●	●	🌱	🌱	🌱	🌱

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LETTUCE, FRILLICE	●	●	●	●	●	●	🌱	🌱	🌱	🌱	●	●
LETTUCE, HEART SALAD	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	●	●
LETTUCE, ICEBERG	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	●	●
LETTUCE, LOLLO BIONDA	●	●	●	●	●	●	🌱	🌱	🌱	🌱	●	●
LETTUCE, LOLLO ROSSA	●	●	●	●	●	●	🌱	🌱	🌱	🌱	●	●
LETTUCE, CRUNCHITA	●	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	●
SPECIALTY MUSHROOMS	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱	🌱
POINTED CABBAGE, GREEN	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱	🌱
POINTED CABBAGE, RED	●	●	●	●	●	●	🌱	🌱	🌱	🌱	🌱	🌱
ZUCCHINI	●	●	●	●	●	●	🌱	🌱	🌱	🌱	●	●





# SEASON FOR OUR BERRIES AND FRUITS

